



SAIFEE HOSPITAL

Under the auspices of Saifee Hospital Trust Reg. No. E-5448 (Bom)

Mammography



Saifee Hospital has a state of the art, mammography machine. This patient friendly machine has a comfortable compression with auto-release and automatic exposure control, which gives superior quality mammograms using screen film technique and low radiation dose.

What is a Mammogram ?

A mammogram is an x-ray of the breast that is used to detect breast cancer at an early, non-palpable potentially curable state. The X-ray machine is dedicated to the specialized process of imaging the breast and is designed to emit very low levels of radiation.

Although not all cancers will show up on mammography. It is often possible to find malignancies years before you or your doctor could ever find a lump in your breast.

Mammography is a safe procedure that can ease your mind if you are concerned, feel a lump, or are at risk by age or family history.



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How is mammography performed ?

Mammography procedure takes only about 20 to 30 minutes. It is carried out in a secluded room in total privacy by a lady technologist or the lady doctor. The breast is compressed between the two plastic plates for 2 to 4 seconds to get a clear image. Breast compression is essential as it increases accuracy of mammography and decreases radiation dose.

Ultrasound (Sonography)

An ultrasound examination is requested by the radiologist interpreting your mammograms often, in order to obtain more information about one or both of your breasts.

Early Detection - The key to overcoming breast cancer

Although there has been a decline in the rate of deaths from breast cancer in recent years, it is still the second leading cause of cancer death in women, exceeded only by lung cancer.

Studies have shown that, when detected early, the chance for successful treatment of breast cancer is nearly 100%

Methods for early detection of breast cancer include clinical examinations by a healthcare professional and mammography. In most cases, mammography can identify an abnormal breast mass as much as two years before it can be detected by touch.

What are the risk factors for breast cancer ?

Some of the known risk factors for breast cancer include:

- Family or personal history of breast cancer
- Early menstrual onset/late onset menopause
- Use of oral contraceptives
- Alcohol consumption (two or more drinks/day)

Medical Experts Recommend:

If you are less than 40 years old:

- Examine your breasts monthly.
- Have a breast exam done by your doctor at least every three years.

If you are between 40 and 49 years:

- Examine your breast monthly.
- Have a breast exam done by your doctor every year.
- Have mammograms every 1 to 2 years.

If you are 50 and over:

- Have a breast exam done by your doctor every year.
- Have a mammogram every year.

Also, all women undergoing Hormone Replacement Therapy



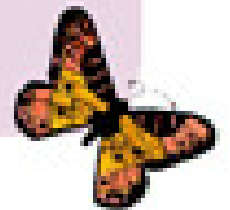
Important Note :

If you are pregnant or think you might be, let your physician know, and tell the radiologist or technologist before proceeding with the examination.

If you had mammograms done earlier, please bring your previous mammograms reports and any other treatment reports so that they are available to the Radiologist to compare and interpret.

Timings

9 am to 4 pm on all working days



For appointments please contact :



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